

Lake Castle Tumbling Class 2021

SESSION 1

PPK – 3rd Grades

Mondays during Physical Education classes

Session 1: 12 weeks

September 13 - December 13, 2021

Classes are taught by Mauriel Rodriguez.

Focus will be on correct drills to enhance beginner to advanced tumbling. All students will learn proper headstand, handstand, cartwheels, and back walkovers.

Returning students will continue their previous program and advance accordingly. 2nd-3rd grade will also focus on motions and skills for cheer try-outs in the spring, if needed. All students work on the balance beam and floor skills.

Class sizes are limited and students are grouped according to ability.

Contact Dona Kiesel at donakiesel01@gmail.com for more information.



Cut and return to Dona Kiesel no later than Friday, August 6, 2021.

Tumbling 2021

Dona Kiesel

Student's Name: _____ Homeroom _____

Email: _____ Check # _____

COST: \$190 which includes a \$5 registration fee
(all payments are non-refundable)

CHECKS are made payable to CASH; returned in an envelope to the

ATTENTION OF: Mrs. Dona Kiesel/Tumbling 2021.

Due no later than Friday, August 6, 2021.

SPACE IS LIMITED. SIGN up early to ensure class placement.